



## HEALTHIER OPTIONS (Green)

All made fresh daily in the canteen

- Mediterranean Chicken Pasta Salad** \$5.80  
Chicken, Corn, Capsicum, onion, celery with Greek yoghurt dressing
- GF/V Fresh Garden Salad** \$5.00  
Cucumber, Carrot, tomato, lettuce, beetroot with balsamic dressing
- V Crunchy Asian Salad** \$5.50  
Carrot, cabbage, cucumber, lettuce, crunchy noodles with Asian dressing
- V Hommus Dipping Box** \$4.00  
Served with Carrot & celery sticks and pita bread (GF without pita)

## ROLLS N WRAPS (G)

- |            |        |          |        |
|------------|--------|----------|--------|
| 1 FILLINGS | \$2.80 | SANDWICH | \$2.50 |
| 2 FILLINGS | \$3.30 | SANDWICH | \$3.00 |
| 3 FILLINGS | \$3.80 | SANDWICH | \$3.50 |

### EXTRA FILLINGS .50c each

Hot Chicken tender (wraps only), ham, chicken  
Carrot, lettuce, tomato, cucumber, beetroot, egg, coleslaw, cheese, vegemite

**ROLLS** – White, Wholemeal, Rye and Gluten free  
Bread used is wholemeal

## HOT FOODS

- G** - Lasagne \$4.50
- G-V** Mac n cheese \$4.50
- G** Butter chicken w vegies & rice (h/made) \$4.50
- A** Hot ham n cheese roll \$3.20
- G** Homemade Hawaiian Pizza \$3.50
- G-V** Homemade Vegetarian Pizza \$3.50
- G-GF/V** Corn Cobbettes \$1.00
- G** Sweet chilli chicken n salad Wrap \$4.50
- G-GF** Hot spud with toppings \$5.50
- V** -Salad, cheese, s/cream  
- Ham, pineapple, cheese, s/cream

## SPECIAL DAYS (Amber)

### WEDNESDAY -BURGER DAY

- CHICKEN** - lettuce, tomato, mayo \$4.50
- DINGY**- Beef,cheese,tom,lett onion, sauce \$5.50
- V VEGE** - Tomato, lettuce, mayo or sauce \$5.00

- THURSDAY** – 6 Chicken Nuggets \$4.50  
Add 30c for sauce

Sauces - Tomato, BBQ, Sweet Chilli.

## SNACKS

- A**-Vege Chips \$1.20
- G** Yoghurt Tubs \$1.50
- G**-Homemade Popcorn .80c
- A**-Homemade Muffins \$1.50
- G** Seasonal Fruit Pieces .80c
- G** Fruit Wedges .40c
- G** Fruitwise Wraps .50c

## DRINKS

- G** Flavoured Milk \$2.50
- G** Up n Go \$2.50
- G** 600ml Spring Water \$1.70
- A**- Fruit Slushy Terms 1,2,4 \$2.20
- A**- Hot Choc Term 3 only \$1.50

## ICEBLOCKS (A)

- Juicy \$1.20
- Nice n Juicy .70c



ENVIRO FRIENDLY  
RE-USABLE LUNCH  
BAGS \$8.00

Our canteen complies with SA Government  
**RIGHT BITE HEALTHY EATING** guidelines.

**G** =Green foods, eat daily

**A** = Amber foods eat 2-3 serves per week

**GF**= gluten free      **V**= Vegetarian option

